

# Centered Life

AN INITIATIVE OF LUTHER SEMINARY

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## Centered Life Initiative Luther Seminary Fact Sheet

Centered Life® is an ecumenical initiative that helps Christians connect their faith to their daily lives. Led by Jack Fortin, who also helped develop and introduce it in 2001, Centered Life refutes the idea of a balanced life and is a process for helping people discover their strengths and callings. Fortin is executive director of the Center for Lifelong Learning at Luther Seminary in St. Paul, Minn. The center provides a variety of ecumenical educational opportunities for clergy and laypeople.

### What's Centered Life all about?

Centered Life is an initiative for those who believe that the mission of the church is to nurture, equip, and send members to live their faith in their day-to-day lives. Those members in turn see their whole lives as ministry. The initiative helps people:

- Discover their strengths and their calling.
- Use their strengths to live out their calling in their homes, communities, work and congregations.
- Discover meaning, purpose and identity as faith becomes relevant to all aspects of their lives.
- Participate in worship and congregational life as the primary source of nurture, sustenance and growth in faith and life.

### Luther Seminary

Luther Seminary educates leaders for Christian communities across the country and around the world. The seminary's graduates represent a third of the nation's Evangelical Lutheran Church in America (ELCA) pastors and a growing number of ecumenical church leaders. It is the largest of the eight seminaries in the ELCA. More than 800 students are currently enrolled at Luther Seminary. The school's 134 ecumenical students comprise 16 percent of the student body and represent 27 denominations other than the ELCA.

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