

**EXCELLENCE
IS IN EACH
OF US. BY
DISCOVERING
IT, YOU CAN
LEARN TO
NURTURE IT
AND HELP IT
GROW.**

**HERE'S WHAT PARTICIPANTS HAD
TO SAY ABOUT THIS CLASS:**

"I came away with a greater understanding of my call in the world."

"I had time to reflect on who God created me to be and how to live that out."

"Great experience! Great process! Great material!"

"I learned to articulate and claim the strengths that are unique to me ... and am now able to share these with others in all arenas of my life."



**ISN'T IT TIME FOR
YOU AND YOUR
CONGREGATION'S
MEMBERS TO LEARN
MORE ABOUT
YOURSELVES?**

Discover Your Strengths is a workshop designed by

Centered Life

CONNECTING SUNDAY TO MONDAY

St. Paul, Minnesota
Phone: 651-641-3429
Web site: www.centeredlife.org

in partnership with the
Center for Dependable Strengths®
Seattle, Washington

DISCOVER YOUR CALL

**DEPENDABLE STRENGTHS®
IN YOUR CONGREGATION**

*Discover Your Strengths,
Then Learn to Teach Others.*

A Centered Life® Workshop

ARE PEOPLE IN YOUR CONGREGATION, YOUR FAMILY, YOU, ASKING THE BIG QUESTIONS?

Questions like: “How do I know what I was created to be? Where are the places that I can make a difference in the world? Where can I experience a sense of belonging?”

“Discover Your Call” workshops use the Dependable Strengths® process to invite people to reflect on positive experiences from their lives, tell their stories and discern together what God is calling them to be.

Unlike most gifts identification processes, “Discover Your Call” helps people see how God calls them to ministry in their homes, communities and workplaces, in addition to their congregations.

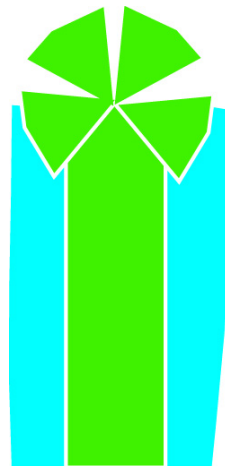
In this two part train-the-trainer course, you will learn how to lead “Discover Your Call” workshops in your own congregation. In Part One, you will run through the workshop as a participant. Here you will learn to identify your unique pattern of dependable strengths and reflect on your own callings in daily life. In Part Two, you will learn how to plan for and teach “Discover Your Call” workshops for groups in your congregation.

Come and learn more about yourself and how to teach others to identify their core abilities, talents and skills—their *dependable* strengths!

YOU WILL LEARN TO:

- Have a clearer sense of God’s call in your daily life
- Make better choices and commitments at home, work, school, and church
- Teach others to uncover their own pattern of dependable strengths
- Plan and publicize workshops in your own congregation

**DISCOVER
THE GIFTS
GOD HAS
GIVEN YOU.
HELP OTHERS
OPEN THEIRS!**



**LET YOUR LIGHT SO
SHINE BEFORE
OTHERS, THAT THEY
MAY SEE YOUR
GOOD WORKS AND
GIVE GLORY TO
YOUR FATHER IN
HEAVEN. MATTHEW
5:16**

SEMINAR LEADERS

Sally Peters, Centered Life manager, and Sara Fortin, training consultant, have both been trained at the Center for Dependable Strengths at the University of Washington.

TUITION \$250 for 3-day course

CONTACT HOURS 20

REGISTER ONLINE at
www.luthersem.edu/lifelong_learning.

Our next “Discover Your Call®” workshops are:

AUGUST 21-23, 2006

MAY 21-23, 2007

NOTE: Consider enrolling two or more facilitators to present the workshop in your congregation.